

# Role Profile: Kitchen Assistant

As Required - Volunteer hours to be agreed on an individual basis

## **Organisation Overview:**

Ainsdale Lunch and Leisure is a non-profit organisation dedicated to serving the local community by providing access to nutritious, comforting home-cooked meals, and to activities that support physical and mental wellbeing. Our community cafe and luncheon club serve as vital hubs where individuals can access nutritious food in a welcoming environment. We are committed to fostering a sense of community, dignity, and belonging for all who walk through our doors.

## Key Responsibilities:

- 1. **Food Preparation:** Assist with the preparation of meals under the guidance of the kitchen manager. Tasks may include chopping vegetables, preparing ingredients, and assembling dishes according to recipes.
- 2. **Cooking and Baking:** Assist in cooking and baking various menu items, ensuring adherence to food safety and hygiene standards at all times.
- 3. **Plating and Presentation:** Support in plating meals and ensuring they are presented attractively before being served to customers.
- 4. **Cleaning and Sanitising:** Help maintain cleanliness and hygiene in the kitchen area by washing dishes, sanitising surfaces, and ensuring equipment is properly cleaned and stored.
- 5. **Assistance During Service:** Assist during meal service by helping to plate meals, replenishing food supplies, and ensuring a smooth flow of operations in the kitchen.
- 6. **Compliance:** Adhere to all health and safety regulations and guidelines, including those related to food handling, cleanliness, and personal hygiene.
- 7. **Team Collaboration:** Work collaboratively with other kitchen volunteers, staff members, and stakeholders to ensure efficient kitchen operations and a positive environment for both volunteers and customers.

#### **Skills and Qualifications:**

- Passion for helping others and making a positive impact in the community.
- Basic knowledge of food preparation and cooking techniques (training will be provided if necessary).
- Good communication skills and ability to work effectively as part of a team.
- Attention to detail and commitment to maintaining high standards of cleanliness and hygiene.
- Ability to follow instructions and adhere to food safety regulations.
- Flexibility and willingness to assist with various tasks as needed in a dynamic kitchen environment.

## Time Commitment:

Ainsdale Lunch and Leisure appreciates any time volunteers can commit, whether it be a few hours a week or more. We understand that schedules may vary, and we are grateful for any support provided.

### Benefits:

- Opportunity to contribute to a meaningful cause and make a positive difference in the community.
- Gain valuable experience in food preparation, kitchen operations, and teamwork.
- Develop new skills and enhance existing ones in a supportive environment.
- Join a welcoming and inclusive community of volunteers and staff members.

**Note:** This role profile is intended to provide a general overview of the responsibilities and requirements for the position of Kitchen Assistant at Ainsdale Lunch and Leisure. Specific duties and expectations may vary based on the needs of the organisation and the skills of the volunteer.